



DHI annual report 2009-10

Developing Health & Independence

www.dhi-online.org.uk

Vision

Meeting the needs of the individual.
Making a difference in the community.

Mission Statement

DHI challenges social exclusion by supporting people to achieve their potential and contribute to the richness and wellbeing of their community. DHI is flexible, creative and person centred in its approach, valuing each individual and their circumstances as unique.

Values

Self-Direction

to encourage independent thought, action and self respect.

Stimulation

to offer a stimulating environment allowing innovation and creativity to flourish in individuals.

Zest for Life

in so far as it is not damaging to self, others or the environment, to enable individuals to pursue goals that further their happiness and joy of life.

Flexibility

underpinning all our efforts is the need to be open, flexible and responsive to change.

Welcome

‘This will be a hard winter for many of those who look to DHI for help. The numerous cuts in support services and benefit payments have been well documented. They are awaited with anxiety by many. We know the most vulnerable will be hit the hardest.

Of course the primary responsibility of DHI is to support those who need assistance at critical times in their lives. The following pages will show how this is being done by a dedicated and hard-working team. However it surely must be a secondary responsibility to question the structure of a society that demands such inequality and social injustice’

Ken Loach Patron



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Social Care Award 2000

Chief Executive Officer's Report

Rosie Phillips

New name focuses on solutions

Last year was a year of retrospection and celebration as well as further growth for the charity. Celebrating our 10th anniversary served as a reminder of how successful the charity has been in supporting people to overcome barriers to inclusion and achieve their potential. Many of the anniversary events clearly demonstrated why the work we do is important, and why we should never write people off; the client reunion provided plenty of inspiration for anyone struggling with drug or alcohol use as well as a rebuff to those cynical about the value of drug treatment, whilst the DHI choir and Thrifty Cookery Book, provided plenty of evidence of that potential!

In the midst of these celebrations, and despite the deepening financial gloom, DHI broadened its range of services to invest in preventative and early intervention measures, which are more important than ever during a recession. Funding from the



“DHI has always believed in supporting people to be as independent as possible...”



Quartet Foundation enabled us to employ a Money Management Worker and open our new Information Takeaway in Bath. These new services ensure people have access to the information, advice and support they require when they need it most. DHI were also excited to be awarded a contract to deliver Brokerage on behalf of South Gloucestershire council, to enable vulnerable people to take control of their lives, choose and manage their own individual budget and become more integrated in their local communities. Meanwhile, DHI's partnership with The Orchard Medical Centre providing 'social prescribing' recognises and responds to the fact that a person's health and wellbeing needs extend beyond medical interventions by linking patients up with non –medical facilities and services available in the wider community. It is our belief that these holistic approaches to health will increase social inclusion as well as social capital.

With the advent of these new services, and after much debate, we decided that the time had come to rename the charity to reflect the growth and direction of a charity which has been supporting local communities for over a decade. When the charity started out a decade ago, the



1652

Total Clients starting a DHI service

Drugs & Homeless Initiative described closely what we offered. Over time, as DHI has progressed, expanding its remit to work with a wider range of vulnerable and excluded groups, including those with physical and learning disabilities, mental ill health and the vulnerable elderly, a name change was felt necessary to reflect the new range of commitments. Earlier this year the Charity became Developing Health & Independence, a name that allows us to retain our identity as DHI; something we are proud to do.

DHI has always believed in supporting people to be as independent as possible, achieve their potential and participate meaningfully in their local community – which means supporting people to reduce dependency, whether that be on welfare benefits; drug or alcohol dependency (including methadone); as well as dependence on care and support services such as ourselves. Over the years I have rarely met a client who wants to be dependent: like most people they wish to contribute and participate as fully as possible in society and our role is to liberate not imprison people within social care. In this respect, DHI very

much welcomes the recovery agenda. To view drug or alcohol use in isolation from issues such as homelessness, poor employment prospects, or to see methadone as a solution has never been our approach. DHI remain committed to working with the person and not the label, whoever and whatever their presenting ‘problem’ may be.

As we go into the forthcoming year we are, like everyone else in the country, going to experience financial challenges as the impact of the recessions begins to affect the resources we have available. However, we have built the charity on firm foundations and are well placed to continue to deliver services to support vulnerable people to find the resources and resilience to build a better life.

Finally, none of the achievements of the past year would have been possible without the close involvement and co-operation of a great many people. We are very grateful for the hard work and dedication of DHI’s trustees, staff and volunteers. Equally the support of our funders, partner agencies and supporters is hugely appreciated and critical to our ongoing success.



Developing Health and Independence. We sign up for that.

● What’s in a name? Well, everything perhaps.

We have noticed that our formal name, ‘Drugs and Homeless Initiative’, is not people’s favourite way of referring to us, possibly because it focuses on the negative reasons that people may require our support rather than on the positive work that we do.

We are and always have been ‘DHI’. But because the next question is often ‘what does DHI stand for?’

we wanted an answer that demonstrates what we support people to achieve: DHI stands for ‘Developing Health and Independence’.

Not only does this trip positively off the tongue, it also tells its own story about the purpose of DHI and encompasses the broad range of people we work with and services we offer. Since the charity began our staff have been able to use their skills to support an ever growing range

of socially excluded people to regain their independence. Developing Health and Independence focuses on solutions rather than naming issues which ensnare so many of our clients.

We hope you like it. DHI’s Board certainly do, and so far, wherever we have used the new name, especially at the Information Takeaway, it has proved refreshingly



effective. DHI. Developing Health and Independence. We sign up for that.

Martin Sandbrook DHI Chair

2009-10 diary

Summer 2009

Annual DHI South Gloucestershire Summer Garden Party

Clients and staff got together for the annual summer garden party, where willing participants were able to try their hand at Circus Skills. It was great to see some of our partner agencies and the many clients and their children all together sharing a lovely sunny afternoon.



The Wellbeing Project

DHI started a new social prescribing service in partnership with the Orchard Medical Centre. Please see pages 10 and 11 for more details.

Swindon Drop In Services Open

The Swindon DHI service opened their doors for Service Users to access drop in services, workshops and alternative therapies.

Autumn 2009

Cook Book Launch

Following a suggestion from the off The Wall editorial group, DHI published a collection of cheap and tasty recipes from service users, staff and 15 local restaurants. The Bath Thrifty Cookery Book was very well received with reviews published in Venue and Bath Life Magazines and books sold in Bath bookshops; Waterstones, Mr B's Reading Emporium and Toppings and Company Booksellers.



10th Anniversary Reunion

DHI hosted a 10th Anniversary reunion party at Bath City Football Ground. This was a great opportunity to catch up and celebrate 10 years of DHI and find out what people are doing now.

Bristol Half Marathon:

A team of service users, supporters and staff ran in the Bristol Half Marathon for the first time.

Brokerage Services: DHI started a new Brokerage service on behalf of South Gloucestershire County Council; please see pages 10 and 11 for more details

DHI Allotment:
The DHI Allotment won Gold in The Bath in Bloom awards.

LetMeBeFrank Launch

New College Swindon provided a range of IT equipment for DHI Swindon and through working in partnership with service users created LetMeBeFrank.co.uk. This website offers peer to peer support, art and writing exhibition space and information and guidance about services.

Winter 2009-10

DHI 10th Anniversary Art Exhibition

Continuing the celebrations of DHI's 10th Anniversary we held a week long art exhibition of client's art work at St Michael's Without in Walcot Street in Bath. The high standard and quality of the art displayed was praised by many visitors to the exhibit and two artists managed to sell work as a result of the exhibition.

Debut of DHI Choir

DHI's Annual Event for 2009 heralded the debut of the DHI Choir. A group of service users, staff and supporters joined together to form the choir under the patient tutelage of Rev Martin Lloyd Williams and performed at the event. Despite competing with Nicolas Cage turning on Bath's Christmas Lights the choir still managed to perform to a packed house and have been in demand and performed at a number of other events since.



Christmas Celebrations

Christmas Parties in both Bath and South Gloucestershire were a great success. In Bath, donations of food and presents from the Bath Abbey congregation were distributed. Whilst in South Gloucestershire Father Christmas was on hand to entertain children (and parents!) and hand out some presents.

Spring 2010

Reach Out Conference

DHI hosted the annual Reach Out Conference; bringing together families and carers with treatment services from across the South West.



Bath Half Marathon

For the 5th Year in a Row DHI entered a team of staff and service users in the Bath Half Marathon.

Think Different Art Exhibition

DHI service users joined artists from the Bath Abbey to exhibit work in the "Think Different Art Exhibition" tackling public perception of homelessness and homeless people.

Information Takeaway Launched

DHI launched the new Information Takeaway service in Monmouth Street in Bath. The service is an information and signposting resource for the whole community, allowing members of the public easy access to a wealth of information about local services and their community. Please see pages 10 and 11 for more details.



Services overview

Housing services

- We believe that having a suitable place to live is crucial to achieving an independent, positive and fulfilling life.

DHI offers a range of housing and housing support services to help people find accommodation and learn skills to successfully budget and maintain their tenancies for the future, including: specialist housing support for ex offenders and those with substance misuse issues; generic housing support services (Community 4) and supported housing for those wishing to be abstinent from drugs and/or alcohol.

Our Access schemes offer interest free loans to facilitate access to privately rented housing for people on low incomes and our award winning Mailcoach scheme provides a secure PO Box address for homeless people.

Families and Carers

- DHI works with families, friends and carers who have been affected by someone else's drug and alcohol use. The Families Also Matter service in South Gloucestershire provides opportunities to drop in and meet others, gather advice, information and try out new strategies for coping and solving problems and meet with a family worker individually or with family members.

FAM also organises day seminars relevant to families and carers and an annual Reach Out conference for service users and professionals from across the South West.

Criminal Justice Services

- DHI has always prioritised offering services for ex and prolific offenders that are easily accessible and focus on addressing the challenges of living a drug and offending free lifestyle, such as secure housing, literacy and employment. We also work in partnership with criminal justice agencies in delivering the aspects of community sentences that tackle problematic drug use and offending behaviour. We also work closely with local prisons, providing harm reduction services and structured programmes for women who have experienced domestic abuse.



*A free and confidential Service
Available in Bath & NE Somerset*



MailCOACH

A Post Box Scheme, for those who do not have a home address, to receive their mail
Call 01225 329411



Number families South Glos FAM services have supported



Drug and Alcohol Services

DHI have a reputation for providing high quality drug services which are designed to effectively engage people at every stage of their drug use and increase opportunities for drug users to move on from treatment with the resilience and skills to make positive changes to their lives.

Our drug and alcohol treatment services cover: Outreach; Needle & Syringe Exchange; Shared Care; Open Access Drop-in and information sessions; support GPs with delivering alcohol detox in the community; Structured Day Care (group work); Brief Counselling; Aftercare (activities, education and employment advice and training); Stimulant Service.

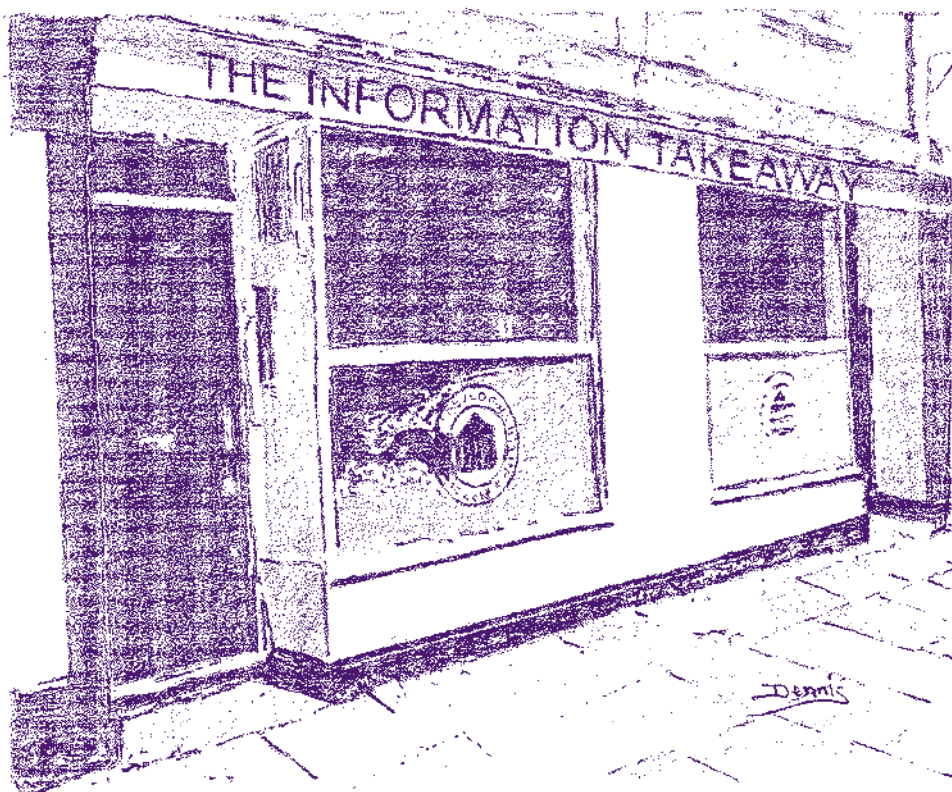
Information, Advice and Brokerage Services

- Providing people with information and advice about available services and opportunities means they can make informed choices about their lives.

The Information Takeaway is based in the centre of Bath as an information and signposting service for the local community. This includes a Money Management Worker who assists with claiming the correct benefits and gives information and advice on dealing with existing debts.

DHI's Information and Brokerage Service supports people who are vulnerable as a result of their age, disability or poor mental health to choose how they use their personal budget from social services to improve their independence.

Our Wellbeing Project in South Gloucestershire works in partnership with GPs. Workers offer brief advice and information to people whose health and wellbeing is affected by issues in their lives, such as anxiety, bereavement, isolation or financial problems, and refers on to community resources that can offer longer term support if needed.



'Focusing on individuals'

DHI's vision to meet the needs of the individual have placed us at the forefront of providing services through the Personalisation Agenda. Personalisation is about focusing on the individual and their unique circumstances; it promotes citizenship, providing greater autonomy and more choice for service users.

Within our Personalisation Services we have found that people are generally not aware of the services and activities available to them in the community. We have also found that the majority of clients we work with have rarely had the opportunity to talk at length with anyone else about themselves and any issues they might be facing. "Through having a safe space to talk, make sense of their situation, and find out about sources of support within their community, our clients have achieved some excellent outcomes and

made some really positive changes to their lives" Ellie Gleeson, Personalisation Services Team Leader. Our range of Personalisation services are designed to ensure that vulnerable adults are able to become more independent or maintain their independence with access to all the information they need to make informed choices about their lives and the services they wish to receive.



The Wellbeing Project

● In partnership with the Orchard Medical Centre we have been running a Social Prescribing Service since July 2009; The Wellbeing Project. Through this project we have had great success linking patients with psychosocial needs into a range of non clinical support and activities in their community. The greatest achievements of the project so far have been to encourage people to become involved in local community activities and to build a circle of support for themselves. As well as having a positive impact upon the quality of life, emotional wellbeing and social integration of its clients, The Wellbeing Project is also helping to reduce the pressure placed upon medical practitioners: "DHI are providing for us the missing link,

proving to be an immense resource and source of support to both doctors and nurses in the practice... having an expert team on site with extensive knowledge of local support networks, training and opportunities and with the skills to listen and encourage self management is invaluable." Dr Richard Berkely, Managing Partner, Orchard Medical Centre.



Mr S's story

"Mr S, a young man in his 40's, came out of hospital after a second stroke to find that he was too unwell to carry on with his job. The hospital did not signpost him to any support services and he described that he felt "absolutely useless and demoralised and didn't know where to get any help". Another year went by before Mr S felt confident to go to his GP surgery to ask for help. His GP immediately referred Mr S to DHI's Wellbeing Project and, in turn, they gave him information about The Stroke Foundation and supported him to access this organisation. He is now receiving regular emotional support from them and is attending a social group for younger adults who have had a stroke. In addition to this, The Stroke Foundation are supporting Mr S to recognise his skills and abilities and get back into work. Mr S was extremely relieved to find out about this source of support which he never knew existed and, in fact, has signposted his brother, who has also had a stroke, to the same organisation."

Mrs P's story

"Mrs P, an older lady, had no family close by and had become isolated in her home. After meeting with DHI it was discovered that she loved to sing. Her DHI caseworker signposted her to a singing group just around the corner from her house and helped her to overcome her nerves about attending by accompanying her to the first few sessions."

Brokerage & Information Service

● BIS provides support for vulnerable people entitled to an individual budget to identify their support needs and goals and how they would like to use the funding from South Gloucestershire Council to achieve these goals. In addition our BIS workers will support clients to access a wide range of free and low cost activities within their local area, which can help their individual budget stretch even further. By working in a creative, imaginative and flexible manner, workers offer a greater choice of options to clients. This has resulted in clients being able to achieve their goals, and meet



their needs, in a unique and very personal way and maintain as much independence as possible.



Terry's story

"Terry, a 52 year old man with a moderate learning difficulty and new to the area, hoped to use his personal budget to become more independent from his elderly mum, build social networks and access leisure activities. Having explored all the options Terry chose to advertise, with DHI's support, for a volunteer to help him engage in his community and get out of the house more. Whilst waiting for a volunteer DHI suggested referring Terry to an agency for some social support during the interim. Terry decided to be referred to Smiles, an agency who have taken him on several day trips, including to museums, the cinema and the Bristol docks. With this support,

Terry has started to feel more confident and much happier. As he had a great interest in plants his brokerage worker has also supported Terry to successfully apply to volunteer at B&Q to water plants at the nursery. Terry's mum is an older woman with health problems and she has been concerned about how her son might manage socially without her in the future. She describes the support that Terry is getting as "wonderful", and she feels that they have both gained independence. She now feels confident that Terry will have access to the necessary support in the future."

The Information Takeaway

● In June 2010 DHI opened the doors of its *Information Takeaway* to the public. We recognise that, for some, just having access to the information they need to make decisions in their life is crucial. Anyone can drop into the shop in the centre of Bath and have immediate access to a wide range of information about local services, groups and activities. Volunteers can also support individuals to make contact with those services or groups they feel may be of benefit to them. Within the Takeaway we also host a range of local partner services including: Clean Slate Training and

Employment, C-Change Support Group and Battle Against Tranquilisers. We also run a *Money Management* scheme from The Information Takeaway. The aim of this service is to support people to improve their quality of life by improving their skills around budgeting and taking control of their finances.

We are in the process of initiating a Volunteer Befriending, Buddying and Driving Project to work across our Personalisation Services. We hope that this service will offer more options and an enhanced level of support to clients, as well as filling a gap in current local service provision.



From creating websites to the great outdoors...

Fishing Group

Andy Evans, Service User

- The club provides an opportunity to be outside in the fresh air and a chance to forget about your troubles for an afternoon. It's a chance to learn something new or to rekindle a childhood passion.

Running the club has been great for me - I like to see the change in people as they relax by the water. I think perhaps I act like a mentor in some ways and people often open up to me. I hope to see the club getting bigger and stronger and with better client dedication I think that can happen. I would love to take the group for a days fly fishing on the Chew Valley lakes. Fly fishing is my first love and I think people would relish the opportunity to catch something they could eat!



LetMeBeFrank.co.uk

A new social networking website in partnership with New College Swindon

Let Me Be Frank is a fantastic idea, it allows us to have our say and play a part in each other's recovery through exchanging ideas and expressing our opinions and supporting each other. Addicts are usually shunned and ostracized from society: it is not often we get to have our say and show what we are going through, that is how hard addiction can be and how we become what we are. Let Me Be Frank gives us a feeling of empowerment. It allows us to get things off our chest. Get in touch with feelings and emotions. Learn from others and even make new friends from the safety and comfort of home or DHI. It should be a central base for the community of addicts to get together and learn from each other, receiving support from workers and addicts alike. It is even possible for family and friends



to express their feelings and opinions on how our addiction has affected them and for them to learn about what addiction truly is and why we are what we are. Let Me Be Frank will hopefully help us to reach out to each other on a wider scale and create a strong network of support for addicts and none addicts alike. We can learn from each other's life experiences and help each other with ideas for changing our lives, new past times, facilities, new ways of getting through recovery and understanding habitual moments and psychological barriers to stopping. The value of this site is immense and should not be under estimated. I hope that they carry on with its funding and that it reaches out to many more people in future. Fantastic idea and well worth the cost. (Service user)



Off The Wall

Sean Kehoe, Service User Development Worker

Off the Wall is the magazine produced by service users for service users throughout Bath and North East Somerset, Swindon and South Gloucestershire. It is designed to be informative and supportive as well as being creatively inspirational to anyone experiencing substance misuse issues. Each issue we choose a special feature subject along with regular items including book reviews, life stories, interviews, recipes,



New clients have found creating and producing the magazine to be rewarding, interesting and fun.

money saving ideas, funny bits from the web, harm reduction information and other services available in the areas.

Since 2005 the magazine has gone from strength to strength and this year there has been a design change when about six months ago we decided to become an A5, pocket size magazine. Hopefully, this encourages the many people who do not

conveniently have a bag with them to pop it in their pocket and tuck it away.

As clients have made their way through their recovery programme and moved on, new clients have come on board to help and have found the whole process of creating and producing the magazine to be rewarding, interesting and fun. Those currently attending the magazine

group are extremely committed and enthusiastic. It has provided them with a focus, encouraged them to structure their time and boosted their self-esteem. It is an opportunity for them to speak up and share their experiences with others.

I'd like to thank everyone who has contributed to the magazine over the last few years for all their hard work and to encourage anyone who is interested in contributing to get in touch for more information.

The DHI Allotment

● As a service user of DHI in Bath I was told of a gardening project on their allotment in Victoria Park and being a fan of anything natural I thought I'd give it a shot. I was introduced to Louis Wearing and his enthusiasm for all things green was very encouraging. I started coming on a regular basis and there was always a lot to do, from planting veggies to hard landscaping to just chilling out and relaxing by the pond, feeding the goldfish.

I can highly recommend getting involved if you are in need of some meaningful occupation and getting back on track. I'm hoping to get into a gardening career and set up a little business selling veggies to people on low incomes. *(Service user)*



Families Also Matter

Harm Reduction services and families and carers are often perceived as being in conflict with each other. This year's 'Reach Out' conference, organised by the Drugs and Homeless Initiative (DHI), sought to bring the two together under one roof to start a dialogue that could develop in a mutually beneficial way.

In an inspiring presentation, Irene MacDonald described how, two years after her own son died as the result of a drug overdose, she found herself volunteering in the needle exchange of the local Independent Trust drug service.

When she and her husband Ian were living alongside their son Robin's drug use, they were prompted to start the Cheltenham Parent Support Group. After her son's death Irene began wanting more of an insight into what had happened to Robin; her research and study led her to develop an interest in treatment services and she decided to volunteer with the local service. She hadn't anticipated working in a Needle Exchange.

"As the parent of a heroin user, the thought that my son could go to such a place and be handed needles with which to inject filled me with horror", she explained, "There was I, doing my best to get him to stop using, when on the other side of town there was a service giving him the equipment he needed to do it with".

Irene admitted that she had firmly believed that if Needle and Syringe Exchanges didn't exist people would have to stop injecting



drugs. "How blinkered was that! At the time it seemed like a reasonable argument to me. I never gave a thought to the fact he might share and re-use needles or that he might inject anywhere other than his arms."

Irene told the conference about the funeral of another young heroin user that she attended last year. Explaining to a friend that she had to rush back as she was 'on duty' in the Needle Exchange, she was looked at in horror and asked how she could go back there after what she had seen that day?

"Without thinking about it, I heard myself saying 'Because I truly believe it is the right thing'. This was coming from me, a woman who had wanted all the needle exchanges closed down, so what had changed my mind? Actually knowing why we have this service, how it works and what it achieves."

As drug and alcohol treatment professionals



we know that families, carers and treatment agencies all want the best outcome for the drug and alcohol user. This conference demonstrated the imaginative and practical ways that this is already happening and looked forward to a future of positive collaboration.



*Families & Carers
Conference 2011
Friday 25 & Saturday 26 March
The Council House, College Green, Bristol*

Connecting...
**ideas, approaches
and practice**

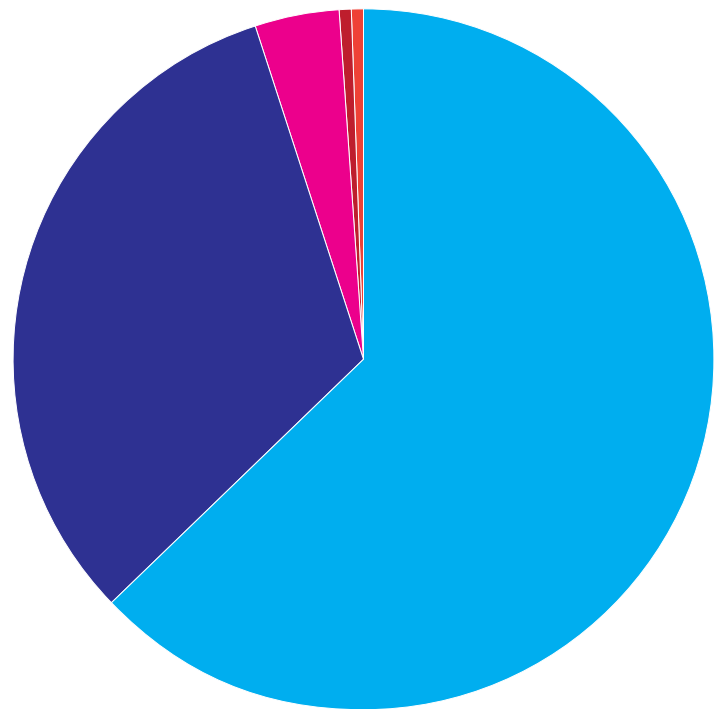
Professionals, Families & Carers

Summary of financial activities

For the year ended 31 March 2010

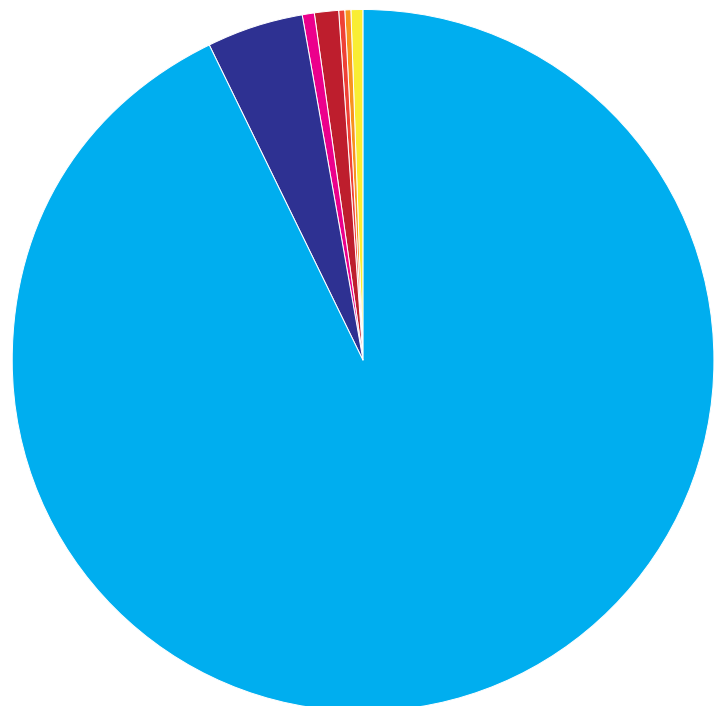
How the money is spent

	£
● Treatment Services	1,484,707
● Housing Services	755,988
● Information & Brokerage Services	105,201
● Governance	3,200
● Other	1,470



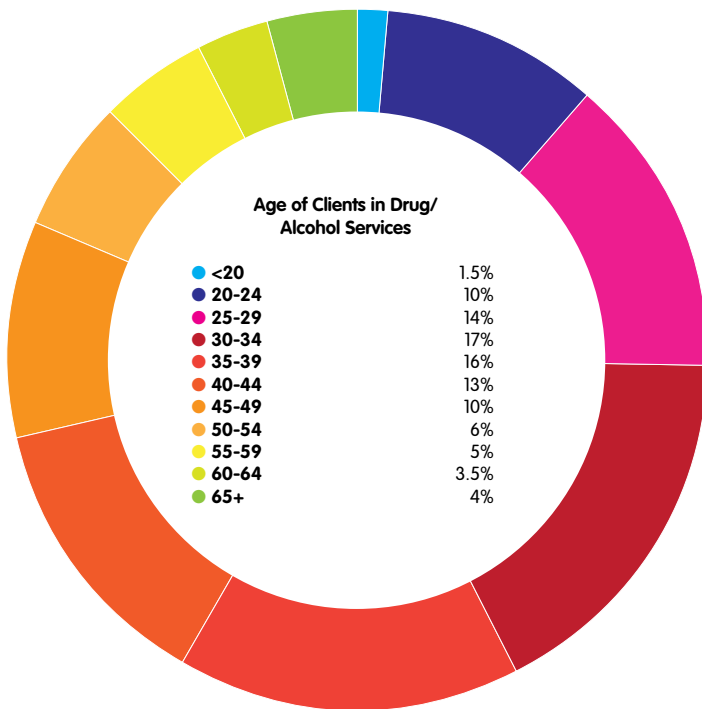
Where the money comes from

	£
● Contracts & SLA's	2,254,882
● Rental Income	110,821
● Fees & Charges	14,102
● Grants	35,302
● Donations	3,422
● Fundraising	3,573
● Investments	856
● Other	2,065

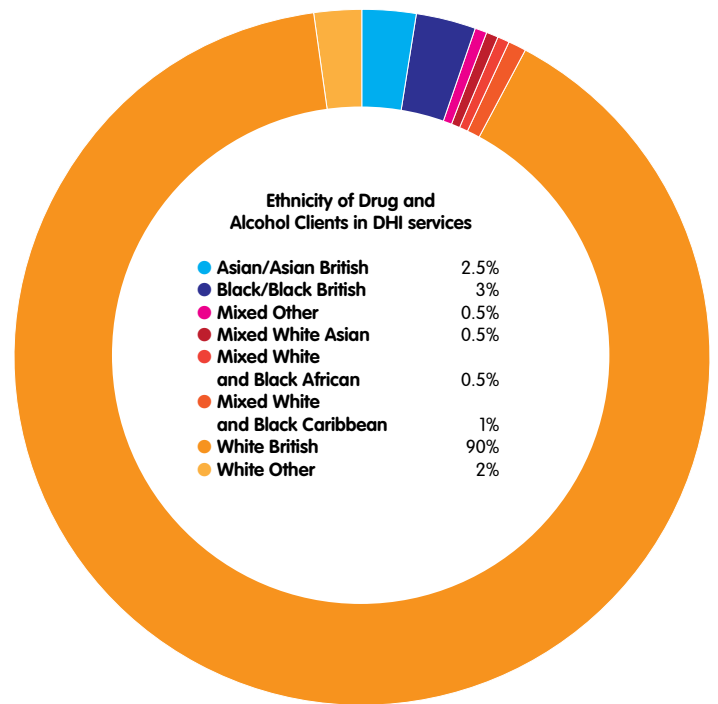


If you would like to review our fully audited accounts please contact us at info@dhi-online.org.uk

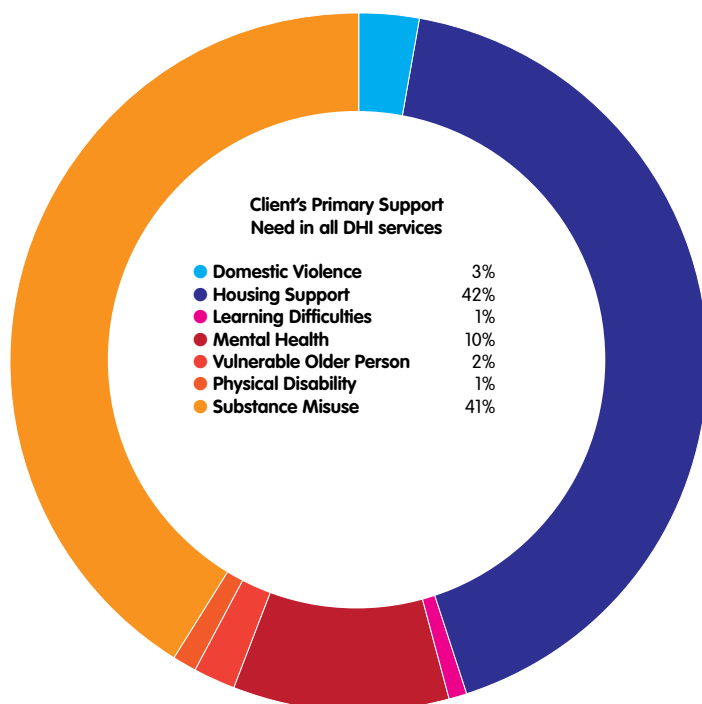
Age of clients



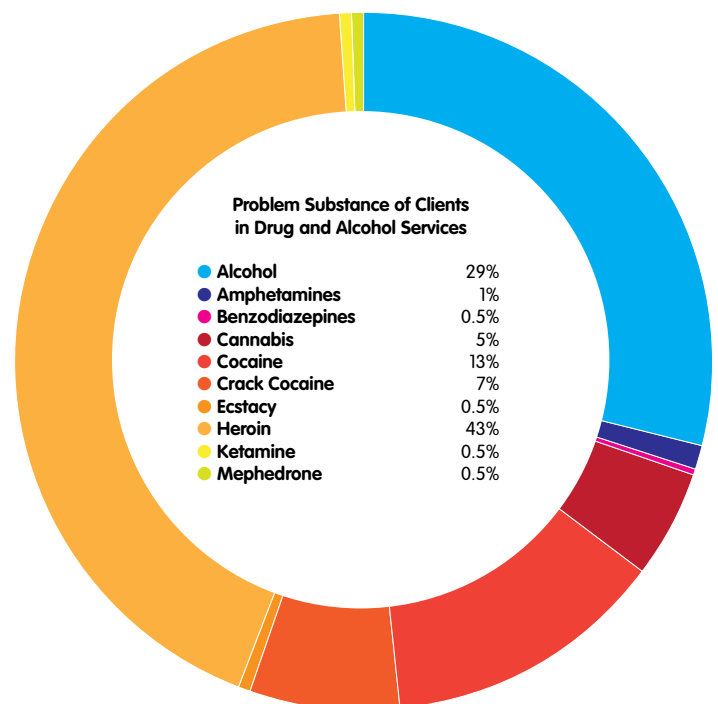
Ethnicity



Primary Support Needs

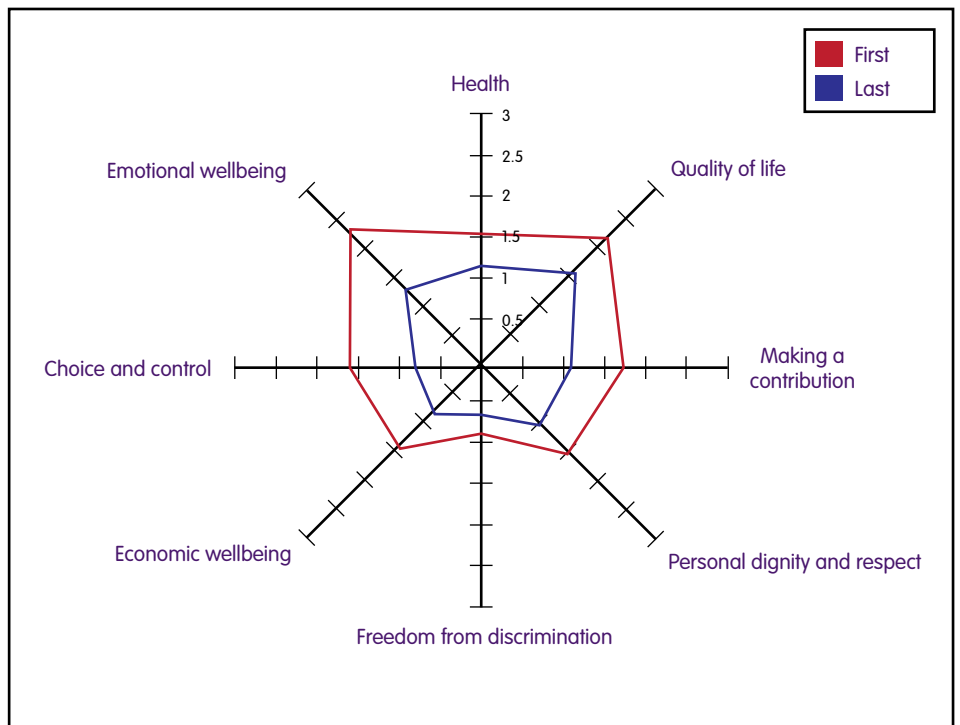


Problem Substance



Brokerage Service Outcomes (IBSO)

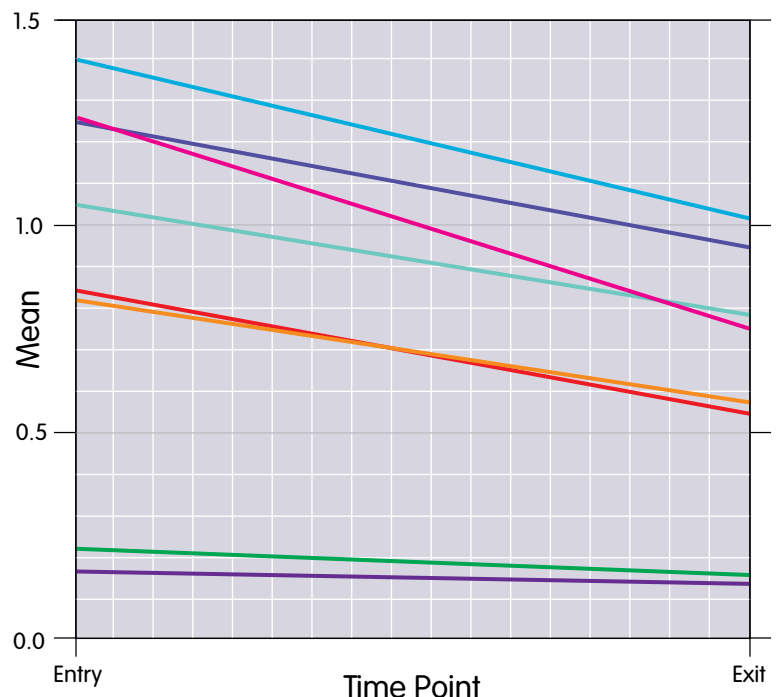
The Inventory for Brokerage Service Outcomes (IBSO) was developed in order to capture outcome data, for the purposes of measuring the impact of DHI on the health, well being and quality of life of clients accessing both The Wellbeing Project and The Brokerage and Information Service. The client self assesses their need for support in each area on a scale of 0 -3; where 0 indicates a low support need and 3 indicates a high support need. The graph right shows the average outcomes for clients accessing the services since their inception, with the blue line indicating how clients felt at, and prior to, their first appointment with DHI and the red line capturing this at discharge or follow-up.



Christo Inventory of Substance Misuse Services (CISS)

DHI uses CISS to highlight areas of an individual's life where they may have problems related to their substance misuse. By scoring clients on a scale of zero to two, across 10 domains measuring substance use and related behaviours - the measure reflects how problematic these areas are in their lives. A score of two reflects that a client is experiencing severe problems, a score of one suggests moderate behaviour problems and a zero score reflects that the area is non-problematic. The graph to the right shows change over time for all DHI clients who exited service in 2009-2010. It shows that on average all areas improve over time. Using CISS, alongside other measures, DHI can evaluate the impact of its services, and in turn target resources to develop and improve services.

- Ongoing Support
- Crime
- Drug/Alcohol Abuse
- Occupation
- Psychological
- Sexual/Injecting Risk
- General Health
- Social Functioning



Without whom...

Thanks

DHI would like to acknowledge and thank everyone who has supported the organisation over the year...

Stakeholders

Avon & Somerset Probation
Bath & NE Somerset Council
Knightstone Housing Association
Somerset Housing Association
Somerset County Council (Mendip)
South Gloucestershire Council
Swindon Borough Council
Wiltshire County Council

Benefactors

Bath Abbey
Bath Municipal Charities
Bath YMCA
Bristol Debt Advice Centre
C Vittals
Crisis
David Bold
Dr Kingston Fund
Edith May Charitable Trust
Family Action
Frank Buttle Trust
Housing The Homeless
Kuldeep Singh
Living Springs Church of Bath
Mayor of Bath Change Project
Medlock Trust
Monmouth Street Charity
Ogilvie Charities
P Miles
Quartet Foundation
R L Glasspool
Ralph & Irma Sperring Charitable Trust
Simply Health
St John Baptist
St John's Hospital
St Martin in the Field
St Mary's Church
St Monica's Trust
Waitrose

Partners We would like to thank all of our partners who continue to work with us, including members of the Community 4 Partnership; Alabaré Christian Care & Support, Westlea Housing Association and Splitz Support Services.

Board of Directors

Martin Sandbrook, Chair (appointed to the Board of Directors and as Chair 27th October 2009)
Ken Littlewood, Treasurer (appointed to the Board of Directors and as Treasurer 27th October 2009)
Will Rolt
David Giles
Peter Miles
Geraldine Winkler, (Resigned 15th June 2010)
Mike Strathdee (Resigned 15th June 2010)
Jon Taylor (Resigned 15th June 2010)
April Begley (Resigned 15th September 2010)

Company Secretary

Rosie Phillips

Staff

A special thanks to all staff and volunteers for their continued hard work and commitment to DHI

Auditors

Baker Tilly (formerly Robson Taylor)
Charter House, The Square
Lower Bristol Rd, Bath BA2 3BH

Bankers

Unity Trust Bank plc
Nine Brindleyplace
Birmingham B1 2HB

Solicitors

Thring Townsend Lee & Pembertons
Midland Bridge, Bath BA1 2HQ

Half Marathon Runners

A big thank you to everyone who took part in the Bath and Bristol Half Marathons to raise funds for DHI.

How you can help...

DHI is an independent charity with limited funds.

Donations from the public, companies and charitable trusts enable DHI to continue with our innovative work, and provide services over and above those funded by statutory bodies.

This means we can tailor programmes to the individual client and offer them what they need to build a better future for themselves.

Donations are always welcome.

You can now give a donation to DHI on line through the Just Giving Website. Or you can send a cheque made payable to Developing Health & Independence to 15-16 Milsom Street, Bath, BA1 1DE.

Other ways to get involved...

Bath Half Marathon

Fancy a challenge? Each year a team made up of DHI staff and supporters participate in the Bath Half Marathon, raising much needed funds for a chosen project at DHI. We would welcome others to take one of our places and raise money through sponsorship.

Volunteering

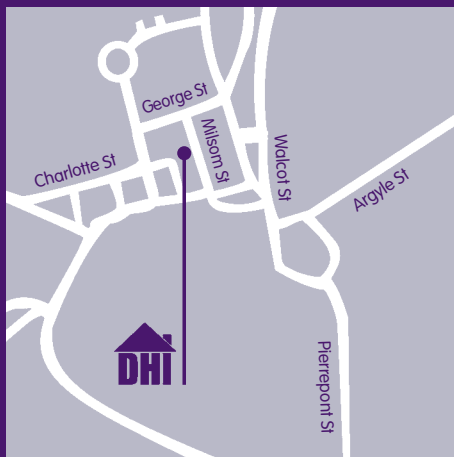
There are numerous volunteering opportunities across DHI. Just get in touch if you are interested in offering any of your time to help. Thank you for your interest. If you would like any further information, please email us at info@dhi-online.org.uk or telephone 01225 329 411.

Meeting the needs of the individual. Making a difference in the community.

head office: tel: 01225 329 411 / fax: 01225 334 734

email: info@dhi-online.org.uk

web: www.dhi-online.org.uk



Head Office and Bath Area Office

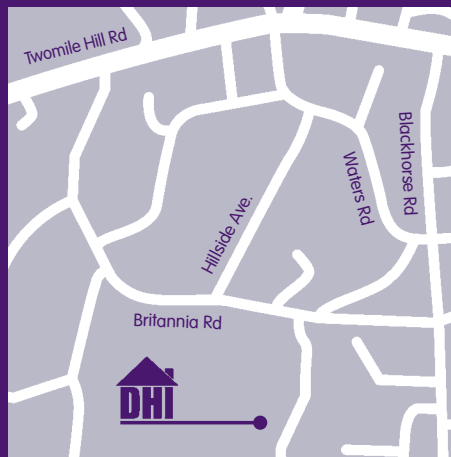
Developing Health and Independence
15-16 Milsom Street

Bath BA1 1DE

tel 01225 329411

fax 01225 334734

email info@dhibath.org.uk



Brokerage & Information Service

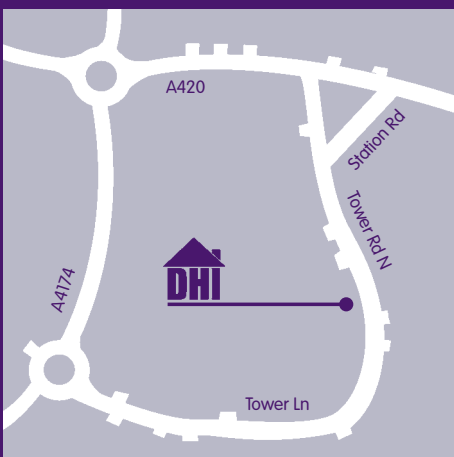
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