## Developing Health & Independence (DHI) Role Description – Volunteer Counsellors Opportunity Title/Role: Are you passionate about supporting people to turn their lives around and stop the revolving door?

DHI are excited to be recruiting for volunteer or trainee placement counsellors to join our team across our drug and alcohol services. Embedded within our local treatment teams, this is an exciting and rewarding role, which will provide you the opportunity to help improve lives by supporting clients to make or sustain positive changes in their substance misuse.

We are looking for positive, compassionate individuals who have successfully completed a counselling qualification at level 4 or above.

## **Details of opportunity:**

- Providing 1-1 brief structured counselling to DHI clients as a 6 session brief intervention with potential for extensions
- Facilitating clients to make or maintain positive change in their substance misuse using recognised theoretical models (e.g. motivational interviewing, solution focused brief therapy, cognitive behavioural therapy and relapse prevention) underpinned by person-centred qualities and skills
- Actively participating in individual clinical supervision equating to minimum of 1.5 BACP equivalent hours per month
- Attending appropriate DHI training courses (including motivational interviewing, solution focused brief therapy and relapse prevention) when available
- Arranging client appointments with DHI-provided mobile phone

	<ul> <li>Actively liaising with clinical supervisor, line manager &amp; client keyworkers to ensure safe &amp; effective treatment for clients</li> <li>Entering accurate and up to date clinical records of client work, in line with relevant policy, on to the relevant data base</li> <li>Adhering to relevant legislation, good practice (including BACP Ethical Frameworks for Good Practice) and DHI policies and procedures (including Health &amp; Safety, Safeguarding, GDPR, Confidentiality and Equal Opportunities)</li> </ul>
Time commitments:	Minimum of 2 hours in person &/or remote counselling per week for at least 1 year. 45 minutes individual Zoom/phone clinical supervision twice per month on a Tuesday, Wednesday or Thursday.
How many volunteers	
do we need:	Up to 12 at any one time
Age Criteria:	18+ with condition of qualification requirement.
Qualifications	This role is available to those who have completed a counselling
required:	qualification at level 4 or above.
Location:	Opportunities available in various locations across BANES and S.Glos .