**DHI Volunteer Role Description**

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| **Role Title: Volunteer Holistic Therapists: Yoga, Pilates or other wellbeing service provision**  **Hours: Flexible**  **Location: S Glos – 3 hubs:** TRN (Main hub), Ridgewood in Yate and Coniston Community Centre in Patchway.  **Responsible to: S Glos Area Manager** |

Do you have a keen interest in improving the lives of others? Do you have the skills and qualifications to provide holistic therapies? Are you warm, empathetic, caring and compassionate? Do you have a couple of hours a week that you could give to volunteering? If the answer is yes, we would love to hear from you. We are looking to bring holistic therapies to our clients to ensure that all the well-known documented benefits are accessible. Holistic therapies can complement recovery, particularly when clients are early in recovery. You could be part of their treatment journey.

**Key Activities May Include:**

Weekly small group sessions held in any or all of our three S Glos based hubs.

Days of the week are flexible and based on the volunteer availability.

**Person Specification**

**Essential**

* Public liability insurance
* NVQ2 or equivalent
* Be registered with a professional body
* A caring and non-judgmental attitude
* Calm, relaxing, welcoming manner
* Well organisesd with good self-management
* Understand and be respectful of boundaries

**Desirable**

* An interest and understanding of addiction

**General Responsibilities**

* Comply with DHI policies and reasonable staff instructions
* Report any risk issues to line manager
* Take reasonable care of yourself and others
* Ensure confidentiality at all times
* Treat everyone equally
* Take part in induction training (date to be announced) and regular supervision with line manager.

**Volunteer Perks**

* Make a genuine difference to someone’s life and feel appreciated for it
* Be part of a dynamic and vibrant team
* Gain valuable and meaningful voluntary experience
* Enhance your own opportunities and knowledge
* Have access to useful and valuable training opportunities through DHI.