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| **Job Description and Person Specification** |
| **Job Title** | Worker - Pain Management & Wellbeing Project WorkerFixed Term Contract - March 2025 |
| **Salary** | £25,119 - £29,777 per annum (salary scale point 9 - 19 depending on experience.)  |
| **Annual Leave** | 26 days per year and bank holidays and statutory holidays.1 additional day of annual leave per year for each full financial year continuously employed by DHI, up to a maximum of 31 days annual leave per year. |
| **Pension** | Contributory pension scheme, where DHI contributes 7% and the employee contributes a minimum 3% of their salary tax free. |
| **Benefits*** Hybrid working, to work at home for part of your working week, and a DHI work laptop and mobile phone.
* Life Assurance Cover.
* Mileage allowance of 45p per mile for using your own car for work journeys.
* Cycle to Work scheme that can save you 25-39% on the cost of a bike and cycling accessories.
* Deals and discounts from DHI’s membership of charityworkerdiscounts.com.
* Access to a confidential 24-hour helpline to support you through life’s challenges.
* Training to help you to do your job well, and a friendly and a supportive workplace with a track record for promoting high performing staff.
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| **Hours of Work** | 7.5 – 15 hours per week and additional hours as required from time to time.Usual working hours are 9am to 5pm with occasional evenings and weekends. |
| **Place of Work** | South Glos or Remote and any other location required by DHI.DHI’s Hybrid Working Policy means you can choose to work at home for part of your working week (to be agreed with your line manager to meet service need). |
| **Travel for Work** | Required to travel across SGlos and must be willing and legally able to drive and have use of a car that is insured for business use. |
| **Accountabilities** | Accountable to: Programme & Project Manager |
| **Purpose** | * The project is designed to help people in their efforts to manage chronic pain and to improve their wellbeing.
* Alongside education about pain this is a person-focused approach, looking at what a client wishes to change and guiding them to community resources that can best assist them in this change.
* Promote social inclusion and independence.
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| **Responsibilities** **Person Centred Service Delivery*** Work in a way which enables clients and communities to access a wide range of support, so they may exit the service as early as possible and sustain positive change.
* Undertake assessments and develop person centred support plans in collaboration with those requiring support. Person Centred assessments and Support Plans are tailored for and driven by the client, recognising their resources, strengths, aspirations and needs. Assessments and plans look beyond the presenting 'problem' and support clients to progress toward goals and aspirations using all available resources (e.g. clients’ support network, online help, DHI and external agencies, clubs, activities and services).
* Monitor and document the progress of individual clients, maintaining accurate, up-to-date, and confidential records that provide essential data.
* Identify, address, advocate, and escalate issues with clients as appropriate.
* Provide 3 or 4 individual client sessions, conducted via phone or video, (occasionally face to face, if preferred).
* Sessions encompass a project assessment, support planning, education on pain management, working through a self-help manual, referrals or signposting to other organisations and activities, and producing a clear plan with next steps.
* Responsibilities also include liaising with GPs regarding referrals and aiding in the development of pain management and wellbeing services within South Glos and across the wider organisation.

**People and Performance*** Participate fully in regular supervision, team meetings, appraisals and learning and development activities.
* Contribute to a positive, collaborative, and person-centred culture and model DHI values in your behaviours.

**Compliance*** Understand and adhere to all DHI’s policies and procedures as well as good practice guidelines, legal and regulatory requirements.

**Other*** This job description contains only the main accountabilities relating to the post and does not describe in detail all the duties required to carry out the role.
* The post holder will be expected to undertake any other duties reasonably requested by their manager and commensurate with the expectations of the role
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| **Skills, Knowledge, Experience, and Behaviours**The most important quality to succeed in this role will be your positive attitude, resilience, and enthusiasm for the work of DHI and your team.**Essential Criteria:**It is also **essential** that you can demonstrate:**Behaviours*** Belief in and willingness to model DHI values in behaviours, as described in the Behaviour Framework (attached).

**Skills and Qualifications*** Good communication skills, written and verbal.
* Ability to plan, prioritise, and organise your own work and time.
* Good basic level of IT literacy (proficient in Word, sending emails and able to input data into systems following training).

**Other*** Able and willing to travel around the geographical area covered by the service.

**Desirable Criteria:** It is **desirable** that you can demonstrate:**Experience*** Working in a service sector e.g. health, social care, welfare benefits, teaching, armed forces, criminal justice etc.
* Undertaking assessments and producing support plans within a health or social care setting.

**Skills and Qualifications*** Brief solution focussed counselling, motivational interviewing or coaching skills or qualification.
* All the above skills, knowledge, experience, and behaviours will be tested at application and interview.
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