



help turn
lives around

Impact Report 2023/24

Developing Health and Independence (DHI) is a social inclusion charity. For 25 years it has been helping people in B&NES, Bristol, South Gloucestershire and Wiltshire to turn their lives around and thrive. DHI supports people of all ages to have their basic needs met, to achieve their potential and to make a valuable contribution to society.

2023/24 in numbers



17,336+
people were
helped by DHI
this year



385
people avoided
homelessness with
the help of REACH



10,923
people received
treatment, support,
advice and education
to address a drug or
alcohol problem



813
former offenders turned
their lives around with
support from DHI's
Criminal Justice team



141
former clients are
now working as
peers for DHI



490
people were housed
in DHI's supported
housing or through our
social lettings agency,
Home Turf Lettings



"I thought my life was over, but the magistrate heard of all the hard work DHI and I were doing and I was blessed to be given the opportunity to go to rehab instead of prison."

Jay, now two years clean and employed by DHI.

Highlights of the year:

WECA and Peers

In collaboration with Weston College, the Moving Up Project helps peers enhance their skills and access new learning opportunities. By leveraging their lived experiences, peers support others facing similar challenges. This partnership empowers peers through education and training while strengthening their support network, creating lasting positive impacts for both peers and those they assist.



DHI Online

With funding from our partners at the Medlock Charitable Trust and CHK Foundation, we launched DHI Online – DHI's online self-help portal. The service aims to give users specific information on drugs and alcohol and to empower individuals to take steps for lasting change.



Get Help Help Us

Self Help Portal

DHI Online's Self Help Portal – your comprehensive digital resource for self-guided support and information. Navigate through our self-help tools, treatment programmes, and curated listings to find specific information on drugs & alcohol, and empower you to take proactive steps towards positive and lasting change.

We would like to thank our partners at the Medlock Charitable Trust for making DHI Online possible.

Self Help Tool

Self Help Resources

Drug & Alcohol Information

Recovery Together

DHI, with partners Hanham Health and Southern Brooks, launched South Gloucestershire Drug & Alcohol Recovery Service, an integrated drug and alcohol treatment service.



Pain Management

During the second year of running The Pain Management & Wellbeing Service in South Gloucestershire, we have helped over 100 clients with 90% showing an improvement in managing their chronic pain.



Criminal Justice Services

DHI's Criminal Justice team became a leading regional provider of Mental Health Treatment Requirements (MHTRs), seeing significant numbers of referrals and offering psychological support to people who offend, as an alternative to a custodial sentence.

DHI also became the lead organisation in Bristol supporting people leaving prison with a Drug or Alcohol treatment need.



Forging ahead

an IPS employment service

IPS Service Start

DHI introduced its Individual Placement and Support (IPS) service to help clients secure meaningful, sustainable employment as part of their recovery. This service guides clients through the entire job process, from finding the right role to maintaining it, while working closely with employers to develop opportunities that fit client needs. Ongoing support is provided to both clients and employers to ensure successful, long-term employment.

Fundraising

DHI raised £111,234.97 through fundraising, supporting innovation and enrichment within our work. Donations funded pioneering training in reducing child exploitation, digital transformation, and targeting early intervention to reach more people in need and reduce demand on intensive support services.

Thank you

Huge thanks to our staff, peers, volunteers and supporters, for continuing to rise to the challenges and provide the very best we can for our clients.

As we move into 2025, we will continue to help those who need us the most.